

# Bo's Place Annual Report | 2013-2014









The opening of the exhibit sponsored by Frost Bank and Pasadena Albemarle Foundation was held at the Williams Tower to kick off Children's Grief Awareness Month in November 2013.



Photographer Karen Sachar and President Richard Kroger.

# **Message from our Executive Director**

This fiscal year was one of growth and opportunities for Bo's Place. We enhanced our programs and expanded our reach in new and innovative ways including:

- Partnering with photographer Karen Sachar to develop and produce a traveling photography exhibit entitled "Life and Death...Let's Talk About It" to increase awareness of the needs of grieving children and families and to educate about ways in which each of us can support the bereaved in our community;
- Piloting our first offsite support group in West Houston/Katy in September 2014 (which was full to capacity on opening day);
- Hiring a second bilingual clinician to support our Spanish Outreach efforts targeting the East End and Gulfton areas;

We continue to provide grief support to children, families and adults in a variety of ways - meeting the needs of those seeking support in the manner that best works for them:

- 963 individuals participated in grief support groups (499 children/464 adults) facilitated by 197 trained volunteer facilitators;
- 260 individuals in grief support groups identify as Hispanic and 71 of those individuals received services in the Spanish language;
- 1516 individuals sought information, referrals and consultations from and with Bo's Place mental health professionals via the information and referral line (our two bilingual clinicians provided support for all Spanish-language calls);
- Bo's Place mental health professionals provided 194 community trainings on grief and bereavement for those who work with the bereaved reaching over 1500 individuals.
- 96 family members attended Camp Healing Hearts in March 2014, our weekend bereavement camp for families enrolled in grief support groups.

Each year we strive to make our services accessible to more children, families and adults and think creatively about how we can better serve those who are struggling with their grief. This past year our Board of Directors undertook a year-long strategic planning process the resulted in a 5 year strategic plan designed to continue to extend our reach and enhance our offerings through:

- Additional targeted offsite locations for grief support groups;
- Deeper reach into the Hispanic community;
- Increased access to grief and bereavement support utilizing the web and social media;
- Additional camp/retreat opportunities (i.e. Spanish-language camp, fall camp, Mother's Retreat);
- Development and pilot of a school-based support group program for underserved children who can't access our existing Bo's Place family support groups.

There are many, many generous donors that make our programs and plans for expansion possible, donors like the Hamill Foundation and the New York Life Foundation. In addition to our grant efforts, special events also help ensure there are sufficient funds to continue to provide our grief support services free of charge to those in need. This year, we partnered for the first time with Debbie and Rudy Festari and Festari for Men as the beneficiary of their Una Notte in Italia Men's Fashion Show and Italian dinner, exceeding all expectations and netting over \$270,000. Our annual Hearts of Hope Luncheon also raised a record \$329,000 for our programs. To all our donors and supporters, you have our gratitude.

Together, we provide a community of people helping people through one of the most challenging of life's experiences, the death of a loved one. Thank you for being part of the Bo's Place community.

With a grateful heart,

Mary Beth Staine **Executive Director** 

# Mission

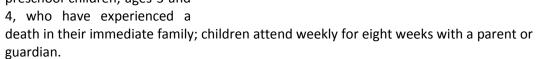
Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.

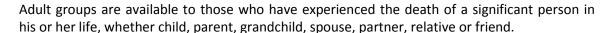
# **Programs**

Bo's Place Grief Support Groups - Although every loss is different and uniquely personal, the reactions to death and resulting grief often share the common characteristic of leaving people feeling alone and isolated by their sadness. Grief Support Groups offer children, youth and adults a place to validate their experience and, in doing so, a sense of comfort that they are not alone in their emotional struggles.

Bo's Place Family Support Groups follow a structured, yet flexible curriculum with separate, developmentally appropriate groups for each family member. Children gather in groups divided by age, and, when numbers allow, are further divided by similarities in the type of death experienced. This is important in that grief work differs according to a child's chronological and developmental age as well as their relationship to the deceased. The adult family members meet to process their own emotions and also to learn tools to best support their grieving children.

- LIGHT (Looking Inward, Grieving & Healing Together) Group: For children, ages 5-18, and their families, who have experienced the sudden and unexpected death of a parent or have experienced the death of a child/sibling; meet weekly for nine weeks; families completing a LIGHT Group may transfer to an ongoing group.
- Ongoing Family Groups: For children, ages 5-18, and their families, who have completed
- LIGHT or for those who have experienced an anticipated death of a parent; meet twice month; families participate for as long as they feel it is helpful as they progress on their grief journey.
- Spanish-language Family Groups: For children, and their families, and for adults; available at Bo's Place as well as at limited offsite locations.
- <u>Little Friends Groups</u>: For preschool children, ages 3 and





Adult Groups: For men and women ages 30 and older; meet weekly for nine weeks.



Young Adult Groups: For men and women ages 18 to 30; meet weekly for nine weeks.

Bo's Place also offers Pregnancy Loss Groups for women who have experienced the perinatal death of a child or children.

Pregnancy Loss Groups: Meet weekly for eight weeks.



Other special grief support programs such as family night, scrapbooking, parents' night out, summer fun days for children and a weekend bereavement camp/retreat are offered to participants in Bo's Place grief support groups.

Information and Referral Line - The Information and Referral Line at Bo's Place offers a compassionate ear for those who seek information about the grief process, about Bo's Place grief programs, or about other community grief support resources. Clinicians answer calls and inquiries from those who have experienced a death, as well as from family,

friends, co-workers or other concerned individuals who want guidance as to how to support the bereaved.

Community Education and Training - Bo's Place offers opportunities for professionals and volunteers working to support those in grief. Workshops and trainings, conducted by clinical staff and/or field experts, can be customized for a variety of audiences including: medical and social service professionals, school personnel, faith-based communities and community organizations and volunteer groups.

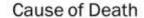
Bo's Place training programs seek to increase understanding of the grief process and to offer guidance about how to support the bereaved. Offerings range from short presentations about Bo's Place grief support to full-day continuing education workshops for professionals.

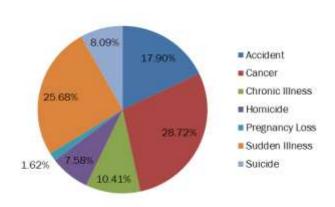


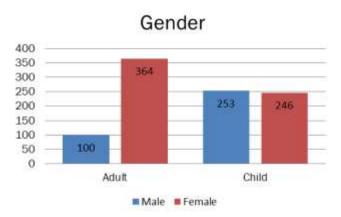


# **Program Stats**

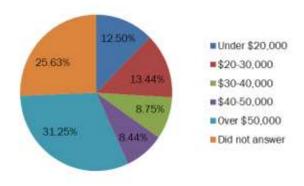
Bo's Place Grief Support Groups comprised of: 320 Families (963 individuals - 499 children/464 adults)



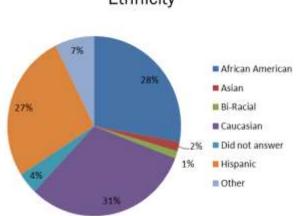




# Family Income



# Ethnicity



Bo's Place mental health professionals provided support and clinical consultations in response to 1,516 inquiries on the Information and Referral Line.

Bo's Place hosted 194 community workshops/trainings on grief and bereavement reaching over 1500 individuals.

Bo's Place provided services free of charge thanks to the help of our volunteers:

- 197 Volunteer Facilitators
- 710 Total Volunteers
- 16,477 Volunteer Hours

# **Program Impacts**

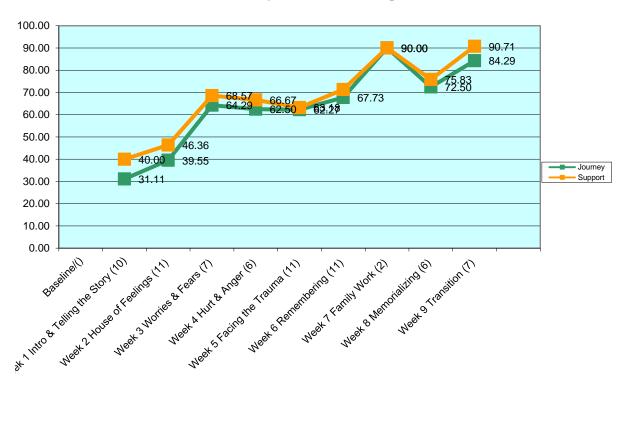
Bo's Place licensed mental health staff assesses program impact by collecting data from adult participants. There is not a standardized measurement tool in the bereavement field to track movement or progress through the grief journey. Bo's Place uses two methods of collecting outcome data: a Satisfaction Survey and a Progress of Grief Journey Survey (POGJ).

The Parent/Participant Satisfaction Survey measures the perception of parents/adult participants as to the effect individual components of the program have on the child/adult participant's progress on the grief journey.

The Progress of Grief Journey Survey (POGJ) was developed by a PhD candidate as part of her dissertation for the Graduate School of Social Work at The University of Houston. It measures a participant's perception of where they are on their grief journey over time and compares that measurement with their perception of the support their grief support group has provided them over the same period of time. Below is a sample POGJ for the March 27-May 22, 2014 round of LIGHT.

The Satisfaction Surveys collected continue to demonstrate forward progress on individual grief journeys among participants in Bo's Place grief support group programs. POGJ results, to date, indicate a strong correlation between support received at Bo's Place and positive progress on the grief journey. For the past four years, the average time that a family remains in an Ongoing Grief Support Group is 14 – 15 months.

# **Bo's Place Thursday LIGHT Program POGJ**



# **FUNdraising**



# **Hearts of Hope**

The 2014 Hearts of Hope Luncheon, co-chaired by Jennifer O'Donnell and Cristina O'Shell, netted nearly \$329,000 due to the generous support of over 760 friends of Bo's Place. The luncheon was held on Thursday, February 6, 2014 in the ballroom of The Westin Galleria Hotel. Everyone enjoyed the very personal story that speaker Cheryl Strayed, author of Wild, shared about her unique grief experience and was moved by "Life and Death...Let's Talk About It", a touching video featuring bereaved families who have found hope and healing at Bo's Place. In addition, Robin Bush Award Honoree Dorothy Ables inspired with a message about the rewards of volunteering and the potential our efforts have to make a real difference for families

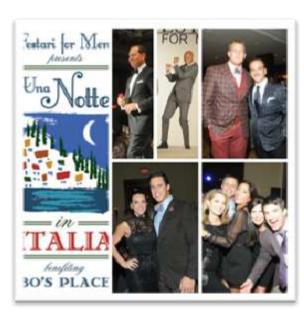
in our community.

# Una Notte in Italia

Co-chaired by Diane Caplan and Megan Sutton-Reed, Festari for Men's Una Notte in Italia benefiting Bo's Place netted over \$270,000 for Bo's Place programs. In addition to the fashion show, the sold out crowd enjoyed an evening at the Omni Houston Hotel filled

> with fine Italian dining, wine, dancing and a live auction.





# **Marathon**

Bo's Place was

selected for the ninth year to be a Run for a Reason Charity for the Chevron Houston Marathon. This year we saw an increase in participation, not only from board members and the community, but also from families participating in Bo's Place programs. We are looking forward to growing Team Bo's Place in 2015.

# Statement of Financial Position as of June 30, 2014

ASSETS	
Cash	\$ 255,529
Pledges receivable	61,466
Prepaid expenses	49,206
Investments	2,447,331
Property and equipment, net	2,717,858
TOTAL ASSETS	\$ 5,531,390
LIABILITIES AND NET ASSETS	
Liabilities:	
Accounts payable and accrued expenses	\$ 64,624
Deferred special event revenue	116,540
Total liabilities	181,164
Net assets:	
Unrestricted	4,894,309
Temporarily restricted	455,917
Total net assets	5,350,226
TOTAL LIABILITIES AND NET ASSETS	\$ 5,531,390

# Statement of Activities for the year ended June 30, 2014

	UNRESTRICTED	TEMPORARILY RESTRICTED	TOTAL
OPERATING REVENUE:			
Contributions	\$ 640,994	\$ 284,342	\$ 925,336
Special events	819,749	-	819,749
Cost of direct donor benefits of special events	(161,268)	-	(161,268)
Investment return	103,690	-	103,690
Other income	8,230	<del></del>	8,230
Total operating revenue	1,411,395	284,342	1,695,737
Net assets released from restrictions:			
Program expenditures	226,475	(226,475)	-
Expiration of time restrictions	10,270	(10,270)	
Total	<u>1,648,140</u>	47,597	1,695,737
OPERATING EXPENSES:			
Program expenses	1,155,478	-	1,155,478
Management and general	176,266	-	176,266
Fundraising	281,367		281,367
Total operating expenses	1,613,111	<del></del>	1,613,111
Operating income	35,029	47,597	82,626
NON-OPERATING REVENUE, EXPENSES, GAINS AND LOSSES:			
Net unrealized gains	148,721		148,721
CHANGES IN NET ASSETS	183,750	47,597	231,347
Net assets, beginning of year	<u>4,710,559</u>	408,320	<u>5,118,879</u>
Net assets, end of year	<u>\$ 4,894,309</u>	<u>\$ 455,917</u>	\$ 5,350,226

# **Bo's Place** 2013-2014 **Board of Directors**

# **Executive Committee**

Charlie Neuhaus - President

Lindy McGee, M.D. – President Elect

David Valentine – Treasurer

Rodrigo Canedo – Secretary

Mary Beth Arcidiacono, LMSW - At Large

Michael G. Smith - At Large

Travis Torrence – At Large

# **Board of Directors**

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Chris Athon

Meredith Chastang

Colleen Cochrum

Mike Conway

Ronald P. Cuenod

Shari Fish, M.Ed., CWC

Allen Gibson

Siri Gilliland

Lauren Gray

**Debbie Gregg** 

**David Hartland** 

Richard Kroger

Rahul Mehta

Kathy H. O'Neil

**David Shine** 

Sue Smith

**David Valentine** 

Lindy Neuhaus, Emeritus

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**Emily Crosswell** 

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Jeana Hayes-Carrier, PhD, LCSW

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Peggy Roe

Reece Rondon

**Chris Steed** 

June Stobaugh

Giggy Thanheiser

**Daisy Sloan White** 

Christy Woodruff, M.D.

## 2013-2014 Donors

## Gifts

Bo's Place gratefully acknowledges the foundations, corporations, civic and faith-based organizations and individuals who believe in our mission. Our thanks to all of the thoughtful donors who made gifts between July 1, 2013 and June 30, 2014. Listed below are gifts of \$1,000 and above.

# **Foundation and Corporation Gifts**

#### \$10,0000 and above

**Hamill Foundation** New York Life Foundation

## \$25,000-\$99,999

Discount Tire - Driven to Care Program **Ed Rachal Foundation** John M. O'Quinn Foundation

# \$10,000-\$24,999

Albert and Ethel Herzstein Charitable Foundation Brenham Dermatology, PLLC **CFP Foundation Ellwood Foundation** Frill Foundation George & Mary Josephine Hamman Houston Endowment, Inc. John P. McGovern Foundation Lyons Foundation M.D. Anderson Foundation Spindletop Charities, Inc. Vivian L. Smith Foundation

# \$5,000-\$9,999

Albemarle Foundation Albert & Margaret Alkek Foundation Mr. and Mrs. B. Robert Baker Charles and Betti Saunders Foundation **Gayden Family Foundation Huffington Foundation** Mr. Jeff Nuckols SK Foundation Sydnor and Olga Oden Foundation **Union Pacific** Valero Energy Foundation

# \$1,000-\$4,999

Burnett and Company Inc. De Petra Art & Jewelry LLC **Felvis Foundation** H. Scott Caven, III Memorial Foundation Hays, McConn, Rice & Pickering J. McLaughlin Lillian and C.W. Duncan Foundation **Nelson Family Foundation** Scurlock Foundation The Meyer Foundation, Inc. VITAS Innovative Hospice Care W.T. and Louise J. Moran Foundation Mr. and Mrs. David M. Weekley

# **Organization Gifts**

## \$10,000 and above

Houston Alumnae of Kappa Alpha Theta

## \$5,000-\$9,999

Houston Pi Beta Phi Foundation

# \$1,000-\$4,999

Continental Societies, Inc **Desroches Roth Houston Young Lawyers Foundation** Rotary Club of Bellaire Southwest Houston Rotary International Baytown - Community

# **Congregation Gifts**

# \$5,000-\$15,000

Memorial Drive Presbyterian Church St. Anne Catholic Church St. Martin's Episcopal Church The Church of St. John the Divine

# \$1,000-\$4,999

**Epiphany of the Lord Catholic Community** 

## **Individual Gifts**

# \$25,000 and above

Mr. and Mrs. William K. McGee, Jr.

# \$5,000-\$24,999

Mr. Kenneth L. Brown Mr. Johnny Carrabba Mr. and Mrs. David W. Light, III The Deus Diligo Totus Fund

## \$1,000-\$4,999

Mr. and Mrs. Paul Allison Mr. and Mrs. Matthew Altenau

Ms. Mary Beth Crabb Ms. Lispah Hogan

Ms. Nina Andrews Karohl Mr. Robert McKinley

Mr. and Mrs. Mark Miertschin Mr. and Mrs. Henry Sauer, III Mr. and Mrs. Robert Thornton

Mr. and Mrs. James G. Ulmer

# **Special Events**

Bo's Place gratefully acknowledges the foundations, corporations, civic and faith-based organizations and individuals who support our special events. Our thanks to all of the generous underwriters, ticket purchasers and donors who supported Bo's Place by supporting Festari for Men's Una Notte in Italia benefiting Bo's Place and our Hearts of Hope Luncheon. Listed below are underwriting and donations of \$1,000 and above.

#### **Una Notte in Italia**

## \$10,000 and above

Jonathan Blake

Jennifer and Chris Brown Jana and Richard Fant

Siri Gilliland The Mach Family

Momentum Jaguar and Land Rover Southwest Houston

**Proler Steel International** 

Megan Sutton-Reed and Chris Reed

# \$5,000-\$9,999

Andrews Kurth LLP

Baker Botts L.L.P.

Molly and Greg Bobrow

Susan and Dan Boggio

Diane Lokey Farb

Tatiana an dRobert Green/Green Trial Law

Shannon and Richard Kroger Joanna and Brad Marks DeeDee and Wallis Marsh Hannah and Cal McNair

Rahul Mehta

Elizabeth and Gary Petersen

Lisa and David Pitts Porter Hedges LLP **Regency Centers** Laurie and Matt Schaub Jill and Calvin Schlenker

Bj Shell/Jeff Shell Jade and David Shine

Jenee and Nick Stefanakis Courtney and Doug Swanson Swift Energy Company The Siegfried Group, LLP

# \$2,500-4,999

Mary Beth and Johnny Arcidiacono

Chris and Merrell Athon Jennifer and Matt Bates

Beirne, Maynard & Parsons, L.L.P.

Kim and Doug Bergen Luba and Alan Bigman

The Bowes, Delagarza, Servos and Wexler Families

Debbie and Stephen Costello Dorothy and Ronny Cuenod Debbie and Rudy Festari Haydeh and Ali Davoudi

James Dorsett

Lauren and Robert Gray John Kennedy Harrison, II Tammie and Charles Johnson

Legacy Community Health Services/Chree Boydstun/Katy Caldwell

Lindy and Tom McGee Stacy and Stephen McNair Craig S. Miles/Travis Torrence Melissa and Michael Mithoff Dare and Larry O'Donnell Stephanie and Bill Perkins

Phillips 66

Republic National Distributing Company

Cindi and Dr. Franklin Rose Sue Smith and Craig Brown Aimee and Wynne Snoots Mary Beth and Ross Staine Karen and Harry Susman

Tootsies

**Urban Commercial Mortgage** 

Valentino USA

# \$1,000-2,499

**Dorothy and Mickey Ables** 

Jeff Ball

Rodrigo Canedo

Dr. David Carrier/Dr. Jeana Hayes-Carrier

Moriah and Rod Crosby **David Fagundes** Festari for Men Jess Fields

Joanna and Paul Friedman Karen and Roland Garcia

**Greg Giles** 

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Antoinette and Joseph Listengart

Dr. Roland Maldonado Cindy and Charles Mormino More Than You Can Imagine/Vicki Rizzo

Beth Muecke

Lindy and Larry Neuhaus Susan and Charlie Neuhaus Kathy O'Neil and Phil Ferguson

Dr. Monica Patel

Meredith Riddle and Patrick Chastang

Laura Rodriguez

Millette and Haag Sherman Lynn and Mike Smith June and Bob Stobaugh Christie and Mark Sullivan Bambi and John Talamas Jeannine and Paul Vincent Dr. Christy Woodruff Natalia and Steve Zito

# **Hearts of Hope Luncheon**

#### \$10,000 and above

**Dorothy and Mickey Ables** John P. McGovern Foundation Jack H. and William M. Light Charitable Trust Lindy and Tom McGee Krissi and Taylor Reid Rusty and Paul Walter Family Fund Spectra Energy The Ellwood Foundation

# \$5,000-\$9,999

Heather and Brady Crosswell Jenny Elkins Nancy and James Gordon Hildebrand Fund Susan Harvin Lawhon Macy's Rahul Mehta Norton Rose Fulbright L.L.P. Robert L. and Barbara Zorich Family Foundation Patsy and Bob Speed June and Bob Stobaugh Strake Foundation Swift Energy Vinson & Elkins, L.L.P.

# \$2,500-\$4,999

Amegy Bank Andrews Kurth LLP **Anonymous** Chris and Merrell Athon Anne and Currie Bechtol Collier Blades Bracewell & Giuliani Minnie and Ed Cappel

Westlake Chemical Corporation

Marian and Jim Cisarik Ann and Burke Cochran Dorothy and Ronny Cuenod Ellen and Enrico de Alessandrin

Karen and Bill Donovan Myrna D. Fisch

Siri and Lance Gilliland Lauren and Robert Gray Amy and Tod Greenwood Shelley and Billy Iglesias Evelyn and Bob Jewell

**Kanaly Trust** 

Hannah and Chris Kayem

Robin T. Klaes Carrie Knowles

Candy and Tom Knudson Shannon and Richard Kroger Julianne and Chris Kugle Holly and Todd McDonald Lindy and Larry Neuhaus Susan and Charlie Neuhaus Leslie and Randy Newcomer

Northside Lexus and Westside Lexus

Ruth and Lance Odom Patricia and Bill O'Donnell Carol Ann and Bob Paddock

Sue Payne June Reeder

Debbie Brown Robinson Salient Partners/Mike Conway

Jade and David Shine Sue Smith and Craig Brown Aimee and Wynne Snoots Amie and Jeff Springmeyer Mary Beth and Ross Staine Texas Children's Hospital The Church of St. John the Divine

Sue Trammell Whitfield Delby and B.J. Willingham

Tana Wood

## \$1,000-\$2,499

Andrews Foundation Anonymous

Frances and Tim Arnoult Georganna and Peyton Barnes

Muffet Blake

Leslie and Jack Blanton Heather and Berry Bowen

Jeana Hayes-Carrier and David Carrier

Tripp Carter

Debbie and Kent Chenevert Rose and Harry Cullen Jennifer and Phillip Curry Joan and David Dunlap Bonny and Joe Bob Edwards Susan and Bill Finnegan

Thad Fuller

Sally Giammalva

Debbie and Mark Gregg

Julie and Victor Harris Georga and Judd Harrison

Nina J. Hendee

Mary and Jim Henderson

Cindy and Harry Holmes

Shelley and Gene Jorgensen

Linda and George Kelly

Carla Knobloch

Carter and Bill Lee

Antoinette and Joseph Listengart

Kelly and Steven Madden

Janette and Harold Mathias

Flo McGee

Lindy and Tom McGee

Susie and Skip McGee

Leila and Walter Mischer

Chris and Mike Mizell

Monica and Jim Muschalik

Lea and Randy Ney

Janet and Ken O'Donnell

Suzanne and Bill O'Donnell

Kathy O'Neil and Phil Ferguson

Courtney and Brent Orsak

Mary Leslie and Craig Plumhoff

**Raymond James** 

**Amy Reeves** 

River Oaks Baptist School

Regina Rogers

Erin and Billy Shipley

Lynn and Mike Smith

**Louise Symmes** 

Giggy and Matt Thanheiser

Lara Marie and William Thielhorn

Jo Ann and JimTramuto

Stephanie and Brad Tucker

Ginger and Wade Upton

Elizabeth and Peter Wareing

Virginia S. Watt

## Marathon

Bo's Place gratefully acknowledges the many individuals who participate in the Houston Chevron as part of Team Bo's Place including those who run, walk, cheer, fundraise and provide financial support. Our thanks to all who helped fundraise for a reason for bereaved children, families and adults who come to Bo's Place for support. Listed below are those who have made donation on behalf of Bo's Place through the marathon at a Super Hero or Hero level.

# Super Heros (Above \$350)

Lisa Cobb Alexander Shari and Tom Fish Chris Gillman Alfredo Gutierrez Nisha B. Mehta Jennifer and Walter O'Donnell **Roger Pease** 

Ann Pruitt Peggy Roe

Sue Smith and Craig Brown

Mary Beth and Ross Staine

Terrance Higher Dimension Church

#### Heros - \$350

Bray International, Inc.

Trena Cave

Norman Christopher

Ashley Diemer

**Derek Dooley** 

**Paul Dooley** 

Kristin Good

Sarah Gregory

**Neva Greeley** 

Lauren Greenwood

Lauren Hazard

Aaron Kaplan

Cindy Kemble

Sonja England

Nicholas Flato

Kelly Marie Nolan

Melissa Reynolds

Rebecca Richards-Kortum

Karen Ross

William Stout

# **Annual Campaign**

Bo's Place gratefully acknowledges the many individuals who support our annual campaign. Listed below are those who have made donation of \$1000 and above.

# \$2,500 - \$5,000

Evelyn and Bob Jewell Holly and Todd McDonald Debra Waite

# \$1,000-\$2,499

Deborah G. Dunkum Carolyn Grant Fay Susan and Bill Finnegan Debbie and Mark Gregg Anna and Gregg Jones Dr. Dorothy M. Lurie Lea and Randy Ney Laura and Bradley O'Halla Erin and Billy Shipley June and Bob Stobaugh