

Bo's Place presents:

Helping the Bereaved through the Holidays

By Marian Mankin, LCSW



when:

Friday, October 14, 2016

Noon – 1 pm

Lunch provided

Check-in at 11:45 am

location:

Bo's Place

10050 Buffalo Speedway

Houston, TX 77054

cost:

No charge, 1 CEU

to register:

Online: bosplace.org

Email: valencia@bosplace.org

Phone: 713-942-8339

Pre-registration required

(space is limited)



synopsis:

The holiday season often adds additional stress to a family that is grieving the death of a loved one. This workshop will describe common reactions to the holidays that the bereaved experience, and will provide techniques and activities to use with children and adults to help them express their desires, concerns and expectations regarding the holidays. Participants will also explore ways to work towards creating new meaningful traditions as a family.

workshop objectives:

- Describe what makes holidays significant for grieving families and common responses to the holidays that the bereaved experience
- Identify techniques for helping grieving families prepare for the holidays and create new traditions
- Share holiday related activities that can be used in children and adult grief support groups

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.



where hearts are healed.