Bo's Place presents:

2017 Spring & Summer Workshops



The Colors of Mourning: A Panel Discussion Death Rites and Rituals across Spiritual Traditions

Presented by Bo's Place and the Institute for Spirituality and Health Speakers: Dr. Andy Achenbaum, Anyang Anyang, Luis Bautista, Diana Muniz, Jerry Ruhl

- When: Thursday, March 30, 2017, from 9:00 am 12:00 noon Check-in and pastries at 8:30 am
- Cost: \$45 with 3 CEUs \$30 without CEUs \$5 student rate
- **Synopsis:** This program focuses on various rites and rituals by which communities and individuals mourn the deceased. Different cultural communities have unique ways of recognizing death. Through discussion from several cultural perspectives, attendees will develop knowledge of various mourning rituals and their meaning for specific cultural communities, as well as increased competence in working with diverse populations of bereaved individuals.

Registration: www.bosplace.org/en/events

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Los Basicos del Duelo

Presentado por Flor Guebara, LCSW y Cristina Flores, LCSW

Cuando: Viernes, 7 de abril 2017, de 9:00 am a 12:00 pm Registración y refrigerio comienza a las 8:30 am

Costo: \$45 con 3 CEUs \$30 sin CEUs \$5 para estudiantes

Sinopsis: Presentado por las consejeras bilingües de Bo's Place. Este taller ofrecerá una visión general del trayecto del duelo, comprensión de los niños de la muerte de acuerdo a las etapas de desarrollo, el duelo en la familia y en la cultura Latina, como apoyar a la comunidad, y actividades. Se hará énfasis en el vocabulario que se usa cuando se habla del duelo en español.

Para registrarse: www.bosplace.org/en/events

Donde: el Training Room de Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054



where hearts are healed.

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Lean on Me: Building a Supportive Environment through Team Building Presented by Courtney Reynolds LCSW

When: Friday, May 12, 2017, from 12:00 noon - 1:30 pm (check-in and brown bag lunch at 11:30 am)

- Cost: Free, 1.5 CEUs included
- Synopsis: The cohesiveness of individuals working together can determine the success, productivity, and efficiency of the group. Team Building allows a group to form bonds which can result in a higher level of understanding, trust, and healing. Through experiential activities, participants will learn exercises that can be translated into your staff environment, volunteer culture, support or therapy groups, camp cabins and other supportive programming.
- Registration: www.bosplace.org/en/events

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Offering Culturally Appropriate Grief Support to the Latino Community Presented by Cristina Flores, LCSW and Flor Guebara, LCSW

When: Friday, May 19, 2017, from 2:00 pm to 3:30 pm (check-in at 1:30 pm)

Cost: Free, 1.5 CEUs included

- **Synopsis:** Over the past five years, Bo's Place has offered grief support groups in Spanish to better meet the needs of Houston's growing Spanish-speaking population. This presentation will provide detailed information on grief in the Latino culture, including discussion on the cultural considerations to take into account when working with the Latino bereaved community. Examples of culturally appropriate activities and group themes will also be provided.
- **Registration:** www.bosplace.org/en/events

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Good Grief: Understanding and Supporting the Bereaved Presented by Cristina Flores, LCSW, Flor Guebara, LCSW, Marian Mankin, LCSW

When: Friday, June 16, 2017, 9:00 am - 3:30 pm (check-in and pastries at 8:30 am; lunch provided)

- **Cost:** \$90 per person (1-4 participants); \$75 per person (5 or more participants); \$25 student rate 5.5 CEUs included
- Synopsis: This workshop will provide an overview of current grief theory, children's understanding of death according to developmental stages, grief in the family and in the community, and experiential activities.
- Registration: www.bosplace.org/en/events

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

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