

# A story of love, hope and healing

The Hearts of Hope Luncheon took place on Thursday, February 15, 2018 and it was a day filled with hope and love.

Chairmen Lauren Hamner and Eloise Novotny welcomed more than 500 friends and supporters of Bo's Place, and together we were able to raise more than \$330,000 for Bo's Place programs.

We were delighted to honor Rahul Mehta with the Robin Bush Award. Rahul was instrumental in the launch of our West Houston/Katy groups as he provided facility space for our first Katy groups, free of charge.



Robin Bush Award Honoree Rahul Mehta with Sue Smith



Board Chair Debbie Gregg with husband Mark Gregg

Speakers were Dr. Brook Griese and Brian Griese who founded a children's bereavement center in Denver. As Brian shared so poignantly with our attendees, grief isn't something you ever get over; it is a part of your story with your loved

one, and it's a journey. We grieve because we have been given the incredible gift of loving, and Bo's Place enables the bereaved - especially children - to continue to share the story of their love for the person who died.



Event Chair Lauren Hamner, Speakers Dr. Brook and Brian Griese, and Event Chair Eloise Novotny

Being given the safe space to share stories about loved ones who died helps bring more meaning and purpose. We are grateful to the Bo's Place families who shared their stories of hope and healing in our new program video.



Stories of hope and healing

Please consider investing in the bereaved children and families who come to Bo's Place by making a donation in honor or memory of someone you love.

#### DONATE



How one conceives of death, and what lies beyond, has a profound impact on the way one grieves the death of a loved one. Expecting to meet them again in the afterlife, hoping that they are in a better place, and striving to preserve their spirit or memory are a few of the many ways the bereaved maintain a connection to their deceased



loved ones, based on beliefs about where they have gone. These ways of relating are intertwined with the psychological state following a death, and an exploration of these beliefs will enhance our understanding of grief and bereavement.

Bo's Place and the Institute for Spirituality and Health are pleased to present: "*Where Are They Now? Exploring Perspectives on Afterlife*." This 3-hour program explores different conceptions of where people go or continue to exist after death and how these beliefs shape the grieving process.

What happens when we die? is a question at the core of human experience. Religious and spiritual traditions offer various ideas of life after death, from heaven and hell to reincarnation. Our panel of speakers will open the dialogue as we explore questions involving which aspects of a person continue to exist, as well as where and how they exist.

#### Where Are They Now? Exploring Perspectives on Afterlife Friday, April 20, 2018 9:00 a.m. - 12 noon

Bo's Place \$45 with 3 CEUS, \$30 without CEUs, \$5 Student rate

**REGISTER NOW** 





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Join Chairmen **Hannah and Cal McNair** and **Megan and Luke Hotze**, along with our Honorary Chairs Jade and David Shine and Jennifer and Richard Hancock, for this fun alfresco party with mint juleps and fun fashions.

Make your reservations by Wednesday, March 7 to be listed on the invitation for this year's Hats, Hearts & Horseshoes. You won't want to miss this event that SOLD OUT last year and was listed as a one of the best events on the social calendar this spring! Read the article **here**.

**RESERVE YOUR TABLE** 



## Book drive

April is National Poetry month and Bo's Place is preparing for youth groups to create their own grief poems! We are collecting your old books for this "blackout poetry" project.

Here is what we need:

- 4-1/4" x 7" or larger sized books
- Primarily text (not picture books)
- Books to be dropped off at Bo's Place during normal business hours

For questions, contact Cristina: <u>cristina@bosplace.org</u> or 713.942.8339





## Happenings

Volunteers from **St. Martin's Episcopal Church** decorated our dining room in Valentine's Day décor and served a fabulous dinner for our families and volunteers on February 5. We love this annual tradition from St. Martin's!





On February 10-11, 22 individuals completed Bo's Place **volunteer facilitator training**! We can't wait to watch them #helphealhearts as volunteers in our grief support groups.

Chapelwood United Methodist Church provided a festive and delicious Valentine's Day dinner for our Katy family support group on February 13.



Bo's Place staff kicked off Houston Rodeo season with a **"Go Texan Day"** celebration lunch on February 23! We all wore our best western gear and enjoyed a barbecue lunch with staff fellowship and fun!



On February 25, volunteers at **St. Martin's Episcopal Church Outreach Sunday** made "Bags of Hope" for our families. These are given to families when they come for a New Family Orientation and include items like a journal and picture frame they'll use while enrolled in groups at Bo's Place.





#### Bo's Place Grief Support Services

At Bo's Place, we believe that enabling grieving families to share their experiences with each other helps these families navigate the grief journey and move towards hope and healing. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click <u>here</u> or call 713.942.8339.

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one. 10050 Buffalo Speedway // Houston, TX 77054 // 713.942.8339 info@bosplace.org; www.bosplace.org; facebook.com/bosplace









