

Bo's Place presents:

Good Grief for: Helping Professionals

By Jodie Gonzalez, LCSW and Courtney Reynolds, LCSW



when:

Friday, February 1, 2019

9 am - 3:30 pm

Check-in and pastries at 8:30 am

Lunch is provided

location:

Bo's Place

10050 Buffalo Speedway

Houston, TX 77054

cost:

\$90 per person (1-4 participants)

\$75 per person (5+ participants)

\$25 student rate

6 CEUs included for social workers,
licensed professional counselors

to register:

<http://bit.ly/GoodGriefHP>

Pre-registration required
(space is limited)

questions:

Contact valencia@bosplace.org
or call 713-942-8339



Jodie Gonzalez, LCSW



Courtney Reynolds, LCSW

synopsis:

This training is designed for professionals wanting to build their skills to more effectively support the bereaved in a variety of settings. Led by Bo's Place mental health professionals, this experiential workshop is divided into two sections to provide a more comprehensive experience. The morning session provides an overview of current grief theory, various indicators of grief, and children's understanding of death according to developmental stages. The afternoon will focus on supporting the bereaved client using grief-specific therapeutic elements across a variety of interventions. Upon completion of Good Grief for Helping Professionals, you will have a greater understanding of your client's experience of grief, tools and resources to support your work with the bereaved, and interventions ready for implementation in practice.

workshop objectives:

- Identify the Four Tasks of Mourning by William Worden, Ph.D.
- Distinguish children's understanding of death at different developmental stages.
- Describe several indicators of grief as a full-body experience.
- Differentiate between various types of grief a client may experience.
- Describe therapeutic elements that promote growth throughout the grief journey, including interventions to foster continuing bonds with the person who died.
- Construct a support plan for a bereaved client or family utilizing grief-specific therapeutic elements and interventions.

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.



where hearts are healed.