#### Bo's Place presents:

# The Spiritual Lives of Grieving Children: How Children Make Meaning After a Death

By Julie Kaplow, PhD, ABPP

#### when:

Friday, March 1, 2019 9 am – Noon Check-in and pastries at 8:30 am

### location:

Bo's Place 10050 Buffalo Speedway Houston, TX 77054

#### cost:

\$45 with 3 CEUs\$30 without CEUs\$5 student rate (no CEUs)CEUs included for social workers, licensed professional counselors

#### to register:

http://bit.ly/SpiritualLives

Pre-registration required (space is limited)

### questions:

Email: valencia@bosplace.org Phone: 713-942-8339



## about the speaker:

Julie Kaplow, PhD, ABPP, is a licensed clinical psychologist and board certified in Clinical Child and Adolescent Psychology. Dr. Kaplow serves as Director of the Trauma and Grief Center at Texas Children's Hospital, a designated Treatment and Service Adaptation Center of the National Child Traumatic Stress Network specializing in child and adolescent trauma and bereavement.

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# synopsis:

Using both clinical material and empirical research, this workshop will provide an overview of the ways in which children utilize spiritual beliefs to cope with the death of a loved one. We will examine children's spiritual beliefs in the context of Multidimensional Grief Theory and identify ways in which these beliefs can help them to overcome specific bereavement-related challenges. This workshop will also include hands-on exercises as well as videotaped interviews with bereaved youth to further explore how children's spiritual beliefs can be harnessed to support adaptive grieving.

# workshop objectives:

- Learners will be able to identify three dimensions of grief, as described by multidimensional grief theory.
- Learners will be able to describe ways in which specific spiritual beliefs can be beneficial to children following a death.
- Learners will recognize ethical challenges with regard to the utilization of spirituality/religiosity in a therapeutic context.

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.

where hearts are healed.