

Bo's Place presents:

2019 Winter & Spring Workshops



Good Grief for Helping Professionals

Presented by Jodie Gonzalez, LCSW and Courtney Reynolds, LCSW

When: Friday, February 1, 2019, 9:00 am - 3:30 pm
Check-in and pastries at 8:30 am
Lunch is provided

Cost: \$90 with 6 CEUs (1-4 participants)
\$75 with 6 CEUs (5 or more participants)
\$25 student rate (no CEUs)

Synopsis: This experiential workshop is designed for professionals wanting to build their skills to more effectively support the bereaved in a variety of settings. Led by Bo's Place mental health professionals, the training includes an overview of current grief theory, various indicators of grief, and an introduction to a variety of interventions using grief-specific therapeutic elements. Upon completion of this workshop, you will have a greater understanding of your client's experience of grief, tools and resources to support your work with the bereaved, and a support plan ready for implementation in practice.

Registration: <http://bit.ly/GoodGriefHP>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

The Spiritual Lives of Grieving Children: How Children Make Meaning After a Death

Presented by Julie Kaplow, PhD, ABPP

When: Friday, March 1, 2019, 9:00 am to 12:00 noon
Check-in and pastries at 8:30 am

Cost: \$45 with 3 CEUs
\$30 without CEUs
\$5 student rate (no CEUs)

Synopsis: Using both clinical material and empirical research, this workshop will provide an overview of the ways in which children utilize spiritual beliefs to cope with the death of a loved one. We will examine children's spiritual beliefs in the context of Multidimensional Grief Theory and identify ways in which these beliefs can help them to overcome specific bereavement-related challenges. This workshop will also include hands-on exercises as well as videotaped interviews with bereaved youth to further explore how children's spiritual beliefs can be harnessed to support adaptive grieving.

Registration: <http://bit.ly/SpiritualLives>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054



where hearts are healed.

Bo's Place presents:

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Good Grief for Helping Professionals

Presented by Jodie Gonzalez, LCSW and Courtney Reynolds, LCSW

When: Friday, April 26, 2019, 9:00 am - 3:30 pm
Check-in and pastries at 8:30 am
Lunch is provided

Cost: \$90 with 6 CEUs (1-4 participants)
\$75 with 6 CEUs (5 or more participants)
\$25 student rate (no CEUs)

Synopsis: This experiential workshop is designed for professionals wanting to build their skills to more effectively support the bereaved in a variety of settings. Led by Bo's Place mental health professionals, the training includes an overview of current grief theory, various indicators of grief, and an introduction to a variety of interventions using grief-specific therapeutic elements. Upon completion of this workshop, you will have a greater understanding of your client's experience of grief, tools and resources to support your work with the bereaved, and a support plan ready for implementation in practice.

Registration: <http://bit.ly/GoodGriefApril2019>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Mind-Body Medicine: Self-Care for the Grieving Soul

Presented by Bo's Place and the Institute for Spirituality and Health

When: Friday, May 17, 2019, 9:00 am – 12:00 noon
Check-in and pastries at 8:30 am

Cost: \$45 with 3 CEUs
\$30 without CEUs
\$5 student rate (no CEUs)

Synopsis: Mind-body medicine is an approach to wellness which is grounded in practical, evidence-based skills and scientifically validated to reduce stress, heal trauma, and restore physical and psychological health. In this workshop, a cohort of facilitators trained by the Center for Mind-Body Medicine will offer an array of mind-body skills (such as meditation, biofeedback, guided imagery, and self-expression in drawings, words, and pictures), with particular attention to the development of adaptive coping for the bereaved.

Registration: <http://bit.ly/SelfCareGrievingSoul>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Questions: Please contact valencia@bosplace.org or call 713-942-8339



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