

# Healing Hearts



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## Share a Meal, Heal a Heart

The holidays can be especially difficult for those who have experienced the death of a loved one. Bo's Place seeks to support our participants by providing holiday meals during the months of November and December. We are searching for companies, organizations or groups to sponsor a meal for our support groups and invite sponsors to send volunteers to serve the meal to our families.

For additional details on sponsoring a meal, please click below. We hope you will consider spreading holiday cheer at Bo's Place this year with a special meal for our group members!



[HOLIDAY MEALS FLYER](#)



## Back to School with Amazon Wish Lists

Just as children stock up on supplies to prepare for the school year, Bo's Place stocks up on supplies for our fall grief support programs. Please consider visiting our Amazon Wish Lists. Your donations help us continue to provide grief support services to our community free of charge. By purchasing directly from the Wish List, Bo's Place will receive your donation in the mail. Please add your name and address in the memo/gift receipt so that we can acknowledge your purchase.



[VIEW OUR WISH LISTS](#)

While you're helping us fill the needs of our program services, please consider purchasing your Amazon items through the Amazon SMILE program, where a percent of funds spent are donated back to Bo's Place. Find out more about the program below.

AMAZON SMILE



## Join Team Bo's Place!

It's that time of year again! We are gearing up for our 15th year with the Run for a Reason Program and would love to have you join Team Bo's Place for the We Are Houston 5K, Aramco Houston Half Marathon, or Chevron Houston Marathon on **January 18-19, 2020**.

Runners who join our team and fundraise will be invited to a pancake breakfast following the 5K, and receive other benefits like a custom back bib, tech cap, pass for pre-race private restrooms and a team running shirt! You can **register for a race [HERE](#)** and start training today!



Not a runner? **Make a donation [HERE](#)** and help us reach our goal of \$86,000!

To learn more, email [marathon@bosplace.org](mailto:marathon@bosplace.org).



## Hearts of Hope 2020 Announced

Bo's Place is excited to announce that the 2020 Hearts of Hope Luncheon will take place on **Thursday, February 13, 2020 at the Westin Galleria**. In celebration of our 30th Anniversary, we are thrilled to welcome our Co-Chairmen for the event; **Susan and Charlie Neuhaus** and **Kate and Logan Walters**.



As you may know, Bo's Place is named in memory of Laurence Bosworth Neuhaus, Jr. Charlie Neuhaus is not only a former Bo's Place Board President, but he is also Bo's brother. Together with his wife, Susan, and their dear friends, Kate and Logan Walters, they invite you to join us for a special day.

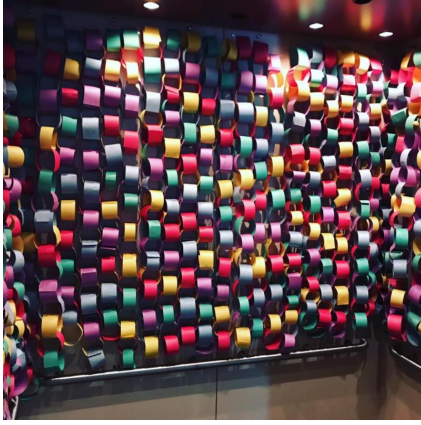
Serving as Honorary Co-Chairmen are **Giggy and Matt Thanheiser** and **Paula and Rusty Walter**, who served as co-chairs for the 25th Anniversary.

The anniversary will be marked by special reflections on our past and looking forward to the future. Your support helps Bo's Place provide grief support services at no charge.

Tickets start at \$300 and tables of ten (10) start at \$3,000. For more information or to reserve your tickets or tables, please contact us at [HeartsOfHope@bosplace.org](mailto:HeartsOfHope@bosplace.org).



## Happenings



Families enjoyed a Family Night at the Movies on July 8. The National Charity League decorated our elevator and training room to make the event more festive. Families watched the movie *Inside Out*. All attending received a Family Discussion Guide to encourage families to talk about the movie and their own emotions and memories together.



On July 21, some of our families participated in a special summer session that included a training for adults on encouraging desired behavior in children. Children's groups were focused on healthy coping skills for dealing with big emotions and challenging situations. Younger children created a "Wheel of Choices" filled with self-regulation techniques while teens worked on an "I am in Control" visual.



Bo's Place presented "Good Grief for School Professionals" to a room full of Community Youth Services (CYS) employees on July 26. What a great training to help fellow heart healers!



## Bo's Place Grief Support Services

At Bo's Place, we believe that enabling grieving families to share their experiences with each other helps these families navigate the grief journey and move towards hope and healing. We offer free Grief Support Groups in English and Spanish to families and individuals in Houston and West Houston/Katy.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, visit our website [here](#) or call 713.942.8339.

*Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.*



