

Bo's Place presents:

2019 Fall & Winter Workshops



Helping Navigate Pregnancy Loss: A Workshop for Healthcare & Mental Health Providers

Guest Presenter: Sunita Osborn, PsyD

Generously underwritten by the One Wing Foundation

When: Friday, September 20, 2019, from 11:30 am – 1:00 pm
Check-in and complimentary lunch at 11:00 am

Cost: No charge
1.5 CEUs included for social workers, LPCs, and LMFTs

Synopsis: Drawing from both clinical and personal experience, this workshop will outline the psychological impact of pregnancy loss on the individual, family, and societal level. We will discuss common challenges and barriers individuals face in the grieving process and how mental health and medical providers can best support individuals following a pregnancy loss.

Registration: <http://bit.ly/BosPlacePregnancyLoss>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Good Grief for School Professionals

Presenters: Lori Bokone, M.Ed., LPC and Jodie Gonzalez, LCSW

When: Friday, October 11, 2019, from 9:00 am – 3:30 pm
Check-in and pastries at 8:30 am (Lunch is included)

Cost: \$90 per person* (1-4 participants)
\$75 per person* (5 or more participants)
\$45 per person (without CEUs)
\$25 student rate (no CEUs)
* 6 CEUs included for social workers, LPCs, and LMFTs

Synopsis: This experiential workshop is designed for school professionals wanting to build their skills to more effectively support bereaved students. Led by Bo's Place mental health professionals, the training includes an overview of current grief theory, various indicators of grief, and an introduction to a variety of activities using grief-specific therapeutic elements. Upon completion of this workshop, you will have a greater understanding of your student's experience of grief, tools and resources to support your work with the bereaved, and a school support plan ready for implementation with your students.

Registration: <http://bit.ly/BosPlaceGoodGriefOctober>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054



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Helping the Bereaved through the Holidays

Presenters: Cristina Chipriano, LCSW-S and Jodie Gonzalez, LCSW

When: Friday, October 25, 2019, from 11:30 am - 1:30 pm (check-in and lunch at 11:00 am)

Cost: \$20 with 2 CEUs for social workers, LPCs, and LMFTs; \$10 without CEUs

Synopsis: The holiday season often adds additional stress to a family that is grieving the death of a loved one. Designed for helping professionals, this workshop will describe common reactions to the holidays that the bereaved often experience. Techniques and activities to use with children and adults to help them express their desires, concerns and expectations regarding the holidays will be discussed, as well as ways to work toward creating new meaningful traditions as a family.

Registration: <http://bit.ly/HelpingBereavedThroughHolidays2019>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Ethical Considerations for Grief Support after a Traumatic Death

Presented by The National Alliance for Grieving Children and The New York Life Foundation

Note: This event will be streamed live from Fond du Lac, WI

When: Friday, November 8, 2019, from 10:30 am to 3:30 pm (check-in at 10:00 am; lunch is provided)

Cost: \$50 with 3 CEUs; \$25 without CEUs; \$10 student rate

Synopsis: This webcast will feature thought leaders from the field of childhood bereavement who appeal to a diverse audience, including, funeral service, hospice care, health care, education, mental health, child welfare, and bereavement support professionals. Three speakers will cover topics including: suicide, homicide, and the impact of traumatic loss on the family system. There will be an interactive discussion following the broadcast.

Registration: <http://bit.ly/EthicalConsiderations>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054

Increasing Cultural Awareness and Sensitivity as Helpers

Guest Presenter: Kamilah Thomas, LCSW

When: Friday, December 6, 2019, from 9:00 am - Noon (check-in and pastries at 8:30 am)

Cost: \$45 with 3 CEUs for social workers, LPCs, and LMFTs; \$30 without CEUs; \$10 student rate

Synopsis: In this 3-hour interactive workshop, participants will learn statistics and factors impacting minority mental health, how implicit biases and microaggressions can damage the therapeutic relationship with clients, and knowledge of the Cultural Competency Model. Clinicians will leave with a greater understanding of their implicit biases, nine types of racial microaggressions that can show up in a clinical setting, and practical skills to increase their cultural awareness and sensitivity.

Registration: <http://bit.ly/IncreasingCulturalAwareness>

Location: Training Room at Bo's Place, 10050 Buffalo Speedway, Houston, TX 77054



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