# Helping the Bereaved through the Holidays



By Cristina Chipriano, LCSW-S and Jodie Gonzalez, LCSW

### when:

Friday, October 25, 2019 11:30 am - 1:30 pm Check-in and lunch at 11:00 am

### location:

Bo's Place 10050 Buffalo Speedway Houston, TX 77054

### cost:

\$20 for 2 CEUs for social workers, LPCs, and LMFTs \$10 without CEUs

# to register:

http://bit.ly/HelpingBereaved ThroughHolidays2019

Pre-registration required (space is limited)

# questions:

Email: valencia@bosplace.org Phone: 713-942-8339



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## synopsis:

The holiday season often adds additional stress to a family that is grieving the death of a loved one. Designed for helping professionals, this workshop will describe common reactions to the holidays that the bereaved often experience. Techniques and activities to use with children and adults to help them express their desires, concerns and expectations regarding the holidays will be discussed, as well as ways to work toward creating new meaningful traditions as a family.

# workshop objectives:

- Recognize the importance of memories in relation to holidays/special events and how it impacts the grief journey
- Identify common challenges faced by the bereaved during the holidays and other special days
- Apply techniques and activities to support bereaved individuals and families in creating new traditions

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.

