

Healing Hearts



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Connecting Our Hearts Brings Hope

Bo's Place continues to find creative ways to give grieving families and individuals the gifts of connection and hope. Throughout the pandemic, Bo's Place has supported bereaved families through online support groups, resources and referrals. We look forward to the day when we can gather again in person. We hope you will continue to help us support the bereaved in their grief journeys.

With your help, no one has to grieve alone.



Make a Gift Today



Thank you to our Super Friends at the Junior League!

We are so grateful to the Junior League of Houston for its long-time support of Bo's Place. We have missed being able to have Junior League volunteers at Bo's Place every week serving meals and preparing supplies for group activities, and we look forward to welcoming Junior League members back in person when we can all be together again. We appreciate all the ways the Junior League has continued to support Bo's Place throughout the pandemic, especially by giving Bo's Place families the opportunity to participate in Community "SUPER" Markets, which provide clothing, toiletries, and food to families in need. Many thanks to the Junior League of Houston for offering this assistance to our families, and for all the ways you help support our mission.



Volunteer Spotlight: Lindy Upton McGee

A native Houstonian, Lindy McGee is the original Bo's Buddy. A childhood friend of Bo Neuhaus, Lindy has been involved in Bo's Place since early in its history. Along with her daughter, Lindy has served in the Bo's Place kitchen and at Camp Healing Hearts, where she loved to show families that it was ok to have fun again and to enjoy being together. She was recruited to join the board in 2012 by former board president Harry Holmes and served as president in 2016. This year, we have been especially grateful to Lindy, a pediatrician, for lending her expertise to the COVID-19 task force.



For Lindy, who works with underserved communities and has an interest in adolescent mental health, volunteering at Bo's Place is especially meaningful. She enjoys making a real, immediate impact on someone's life, and her work with Bo's Place has made her more comfortable addressing grief with her patients, friends, and family, and in her own life when her mother died. As a volunteer at Bo's Place, she has learned more about the different ways grief can manifest itself in children versus adults.

A member of the Academic General Pediatric Group at Texas Children's Hospital and an assistant professor at Baylor College of Medicine, Lindy is married to her high school sweetheart and has two teenagers. When Lindy isn't generously donating her time to Bo's Place, you can find her binge-watching comedy shows with her daughter or cooking a gourmet meal for her family. She used her extra time at home during the pandemic to perfect her cooking skills, thanks to Samin Nosrat's book "Salt, Fat, Acid, Heat: Mastering the Elements of Good Cooking."

Lindy, we are so grateful for everything you do to support Bo's Place!



Join in the Derby Day Fun!

And they're off! The horses are headed to the post and our Hats, Hearts & Horseshoes is live. We hope you will help us cross the finish line by placing your bids! **The auction will end TODAY, May 1st at 6:15 PM**, so head on over to check out all of the fabulous items. There is something for everyone: getaways to the bay, hill country, instant wine cellars, dinner out on the town, luxe handbags, cocktail parties and more! With your help, the winners will be the children and families of Bo's Place.



Place Your Bids



Eagle Scout Project: Refreshing Matthew's Garden

We are so grateful to Phillip Augenthaler for refreshing Matthew's Garden as part of his Eagle Scout Project. In addition to leading a team of volunteers in cleaning up the garden after the February ice storm, Phillip rebuilt the garden bench around the oak tree and the picnic table with a sand tray for our Little Friends to enjoy.

Matthew's Garden was created in memory of Matthew Gray in 2017 and is used in the curriculum of the Little Friends Groups. It also provides a peaceful space for reflection for Bo's Place families, volunteers and staff members.



Upcoming Training: Good Grief for Helping Professionals

We are happy to announce our upcoming *Good Grief for Helping Professionals* webinar on Friday, May 21, 9:00 am – 12:00 pm. This workshop is designed for helping professionals who want to support the bereaved more effectively. Bo's Place staff will provide an overview of current grief theory, indicators of grief, and how to support grieving individuals throughout their lives. Participants will come away with tools, resources, and in-person and virtual interventions to support the bereaved, as well as ideas for self-care.



Register Today



Run for a Reason with Team Bo's Place

We are excited to be a Run for a Reason charity again this year and to celebrate the 50th anniversary of the Chevron Houston Marathon! We hope you will run with Bo's Place in the Marathon, Aramco Half-Marathon or We Are Houston 5K in January 2022.

Guaranteed registration opens today, May 1, and open registration begins June 2 for #GlobalRunningDay. You can celebrate by signing up for Open Registration here. Sign up as a HERO by making a tax-deductible donation of \$350 or choose the Fundraise for Registration option and raise \$650 for the half-marathon or marathon or \$250 for the 5K. Team Bo's Place members will receive monthly updates, an invitation to the post-race pancake breakfast, a tech shirt to wear on race day, incentives for top fundraisers and more!



Make your race day experience more meaningful this year by choosing to run in memory of a loved one or in honor of the families at Bo's Place. Race weekend is one of the best weekends in Houston. We would love to have you experience it as part of Team Bo's Place!

Please contact Rina Ocampo at marathon@bosplace.org with any questions.

Sign Up Here



Bo's Place Grief Support Services

At Bo's Place, we believe that enabling grieving families to share their experiences with each other helps these families navigate the grief journey and move towards hope and healing.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, please email info@bosplace.org or call 713.942.8339.

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.



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