

# Healing Hearts



e-Newsletter | June | 06.01.21

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## More Support Group Options for Families this Fall!

We are excited to report that families in the greater Houston area seeking grief support at Bo's Place will have both online and in-person group opportunities beginning this fall.

In September, in-person family support groups will begin to be phased back in at our Buffalo Speedway location. Families who were already enrolled in the in-person Ongoing Family Groups before they were suspended due to the pandemic will be given the opportunity to join the in-person groups first. Families transferring from the online groups and new families will be able to join in-person groups as capacity allows.

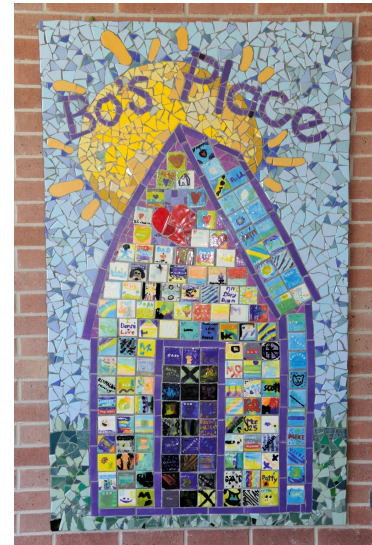
As we determine how quickly expansion is possible given new health and safety protocols and our current staffing capability, we will progressively add group options until we are able to offer the full complement of Ongoing Family Groups and 9-Week Family Groups that we have offered in the past. We will inform volunteers and group members of health and safety protocols before returning to group, so that everyone knows what to expect. The health and safety protocols will follow CDC guidance.

While we are still in this transitional period of the pandemic, we will not offer programming at offsite locations. Katy families will be offered the same options outlined above until in-person groups are once again available in Katy.

Please note that Evening Adult Groups, Daytime Adult Groups, Little Friends Groups and Pregnancy Loss Groups will continue to be offered online only at this time.

If you would like more information about our grief support groups, please contact us at 713-942-8339 or [info@bosplace.org](mailto:info@bosplace.org).

We look forward to seeing our participants in-person or online as we continue to find new ways to help heal hearts!



## A Triumphant Derby Day for Bo's Place

On May 2, 250 of Houston's most fashionable race-watchers

braved the rain and paired their finest derby attire with their wellies for the fifth annual Hats, Hearts & Horseshoes. Held on the beautiful grounds of the Houston Polo Club, and chaired by *Alissa and Kevin Maples, Millette and Haag Sherman, and Christie and Mark Sullivan*, the sun came out just in time to make this year's event another successful derby party for Bo's Place! *Paige Fertitta, Megan and Luke Hotze, Hannah and Cal McNair, Hallie Vanderhider* and *Kelli and John Weinzierl* served as Honorary Chairs.

Race day activities included our traditional Puppy Pals, Racing Wall Raffle, and Big Board Auction. New this year, guests could send virtual roses to their friends and loved ones. Long-stem roses were available for party-goers to purchase for guests on the day of the event.

Thanks to our generous supporters, the event raised over \$290,000 for the families of Bo's Place.

Mark your calendar for **Saturday, May 7, 2022** for next year's Hats, Hearts & Horseshoes!





## Volunteer Spotlight: Stephanie Reed-Adams

Social worker Stephanie Reed-Adams learned about Bo's Place while in graduate school at the University of Houston, and her interest in learning more about grief eventually led her to become a volunteer group facilitator.

As a facilitator, Stephanie works with young children because she enjoys the way they interact with each other. She notes that they often express their grief in less somber ways than adults. At Bo's Place, Stephanie especially values her fellow volunteers, the families, and the caring and skilled clinicians. As a social worker both in hospital and hospice settings, the experience Stephanie has gained as a group facilitator has given her insight into how to help patients grieve as they anticipate their own deaths and how to help families cope with the recent death of a loved one.

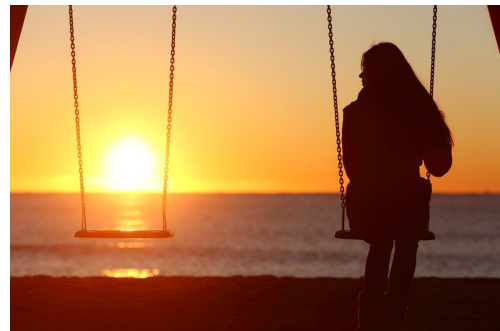
In her free time, Stephanie loves spending time with her husband and one-year-old son, exercising, and reading. She has competed in several triathlons and a marathon and enjoys taking unique trips. Stephanie's adventures include visiting Paraguay and riding a hot air balloon over the Finger Lakes in New York.

Stephanie and her family are moving to Michigan this summer, and she has already found a new grief center where she hopes to volunteer. We are grateful to Stephanie for her more than four years of service and wish her luck in her next adventure!



## Because No One Should Have to Grieve Alone

Please help Bo's Place finish our fiscal year strong with a gift to the Annual Campaign. With the support of friends like you, Bo's Place has continued to give the gifts of connection and hope to Houston's grieving families through support groups, resources and referrals. Your gift helps Bo's Place ensure that no one has to grieve alone.



Make a Gift Today



## School Grief Support Program - Year in Review

Bo's Place served 58 students in online support groups as part of our School Grief Support Program this year in partnership with Communities in Schools-Houston and KIPP Houston Public Schools. Although the online groups looked different than our in-person groups in years past, students continued to report back the sense of connection they experienced with their peers. One student said, *"I feel comfortable, because everyone also went through a loss."*

In lieu of our usual End-of-Year Event where our students visit the Bo's Place campus for a day of memorialization and remembrance, Bo's Place is mailing one of our favorite activities, "Making Connections," to the students and their families to complete at home. Bo's Place would like to thank the school counselors for their hard work and commitment to forming grief support groups for their bereaved students despite the many challenges of this school year.



Bo's Place has also trained over 500 school professionals in trauma and bereavement-informed best practices for better supporting bereaved students and has identified 100 campuses, with the help of Communities in Schools-Houston and Pasadena ISD, to receive Healing Hearts Grief Resource Book Bags. Each book bag includes age-appropriate grief support literature for elementary, middle, and high school students. The kits also include a discussion guide that can be used by bereaved students and their families at home. A list of the books and the discussion guide in the kit can be found below and on our website.

We are grateful to the New York Life Foundation and CT Bauer Foundation for supporting our School Grief Support Program! Thank you for helping Bo's Place heal students' hearts!

### Healing Hearts Book Bag Book List & Discussion Guide



## Bubbles, Baubles & Bo's: A Kendra Scott Shop & Support Event

Join us at Kendra Scott in Highland Village on **Saturday, June 12**, from **9-11 a.m.** for Baubles, Bubbles & Bo's! Kendra Scott will donate 20% of the proceeds from jewelry sold during the event to Bo's Place.

From 9-10 a.m., guests of Bo's Place will have private access to the store with mimosas and snacks from Sweet Paris Creperie and Café!

Not up to shopping in person yet? You can also show your support by shopping online on June 12 & 13 using webcode: GIVEBACK-103L



Shop Online June 12 & 13



## Hit the Pavement for Global Running Day

It is time to kick off the 2022 running season! **Celebrate Global Running Day with Team Bo's Place on June 2:**

- Run or walk any distance
- Post a picture on social media
- Mention @TeamBosPlace and use the hashtags #TeamBosPlace and #GlobalRunningDay

Open Registration for the Chevron Houston Marathon also begins on June 2 and we would love to have you join Team Bo's Place. Members of our team receive a monthly newsletter with fundraising and training tips, a tech shirt to wear on race day, incentives for top fundraisers, and more! Details on joining the team can be found below.

Please contact [marathon@bosplace.org](mailto:marathon@bosplace.org) with any questions. We cannot wait to run with you!





## Bo's Place Grief Support Services

At Bo's Place, we believe that grieving families move towards hope and healing when they can share their grief with each other. No one should grieve alone.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, visit our website [here](#) or call 713.942.8339.

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*Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.*

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