

# Healing Hearts



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## April is Volunteer Appreciation Month



These are the words our staff used to describe our volunteers. Since 1974, volunteers have been

nationally recognized and celebrated for their efforts each year during a week in April. In 1990, Volunteer Appreciation became a worldwide monthlong event. This April, Bo's Place is thrilled to honor our 300+ volunteers who truly do help heal hearts. Our volunteers include:

- Support Group Facilitators
- Hospitality Volunteers
- Board of Directors Members
- Committee Members
- Special Projects Volunteers
- Quilters
- Graduate Student Interns

As we look forward to a year where we continue to welcome support groups back in person to our building, we know we can rely on these incredible individuals to help make our mission possible. From the bottom of our hearts, THANK YOU, BO'S PLACE VOLUNTEERS!



## Good Grief for School Professionals - April 14, 2023

Join us for *Good Grief for School Professionals* on **Friday, April 14, 2023**, from **9:00 a.m. – 4:00 p.m.** in person at Bo's Place.

School settings present a distinct opportunity for educators and school professionals to address children's grief. School professionals can be the first interaction a child has with learning healthy coping skills to address often intense emotions associated with grief. This full-day, in-person workshop is designed for school professionals wanting to build their skills to effectively support bereaved students. Through this training, school professionals will gain an understanding of children's grief at different developmental stages, identify indicators of grief, and learn about current grief theory. Attendees will be provided with tips for talking to students about grief and death and guidance on forming and facilitating a grief support group. Content is intended for those who are trained and experienced in providing social/emotional support to students. This workshop will include interactive exercises and attendees will be provided with educational handouts, samples of grief-based activities, and student support plans.



This in-person training opportunity is being co-presented by Bo's Place school groups managers, Arlette Rodriguez, LMSW and Lori Bokone, M.Ed., LPC.



Light breakfast and lunch will be provided.

**\*Due to limited space, this training is limited to 45 participants.**

Register Now



## Become a Heart Healer at our Volunteer Facilitator Training

*"I was nervous about volunteering at first, but volunteer facilitators are well supported when working with Bo's Place. The staff trains you very well in working with people in groups. I've been able to make connections with other volunteers and group participants that mean so much to me."*

-Laura, Volunteer Facilitator



Help Bo's Place continue to heal hearts by becoming a Volunteer Facilitator. We especially need facilitators for our in-person family groups. We will hold our next Volunteer Facilitator Training on **Saturday and Sunday July 29-30, 2023, 9:00 a.m. - 4:00 p.m.**, at Bo's Place, 10050 Buffalo Speedway.

In the training, participants will learn about Bo's Place services and current support group options, gain a better understanding about grief, and gain tools to be an effective volunteer facilitator for our peer support groups. If you are interested in becoming a volunteer facilitator or would like more information, please email [volunteer@bosplace.org](mailto:volunteer@bosplace.org).



## Don't Miss the Best Derby Party in Town!

It's not too late to join Bo's Place at the best Kentucky Derby party around!

Enjoy an afternoon on the grounds of the renowned Houston Polo Club with top shelf libations and gourmet bites, including a classic Derby Mint Julep. Snap a photo in your finest derby attire. Stay and play with a "run for the roses" racing wall, a silent auction of unique offerings, festive music, fun games, and an impressive polo exhibition.

Don your bowtie and hat and join us to cheer on your favorite horse in the big race and raise money for Bo's Place!



**Saturday, May 6  
5:00 - 7:00 p.m.  
Houston Polo Club**

Reserve your table or tickets today!

Purchase Tickets or Table

For more information, please contact Rachel Daniels, Special Events Manager at 713-942-8339 or [derby@bosplace.org](mailto:derby@bosplace.org).



## Grant Spotlight: Ed Rachal Foundation

Bo's Place is grateful to the Ed Rachal Foundation for a very

generous \$50,000 grant to help fund this year's grief support groups which include:

- Family groups for children and teens, and their parents/guardians (online and in-person group options, English and Spanish group options)
- Little Friends groups for 3-5 year olds, and their parents/guardians (in-person group option or online resources for those unable to attend in person)
- Adult and Young Adult groups (online group options in English, in-person group options in Spanish)
- Pregnancy Loss groups (online group options, English and Spanish group option)
- School-based group options through community-based partnerships



The Ed Rachal Foundation has played a significant role in our efforts to make grief support accessible to bereaved families in our community for over two decades. We thank them for their generosity and support!



## Bo's Place Grief Support Services

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click [here](#) or call 713.942.8339.

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***Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.***

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